



# ANNUAL REPORT

## MSU Extension Dickinson County

Food • Ag • Youth • Health • Environment • Community

Since 1914, the Michigan State University (MSU) Extension has helped residents in Dickinson County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

**23**

Programs delivered in Dickinson County

**576**

Dickinson County Residents

Participated in programs offered by MSU Extension

**130**

Programs Attended

By Dickinson County residents, either **in-county**, **outside of Dickinson County**, or **on-line**.

**389**

Program Participants

In programs led by Dickinson County staff **on-line** or **statewide**

**503**

Individual class sessions attended

**12**

Submissions to Ask-An Expert

**23**

Programs delivered by Dickinson County staff

## DICKINSON COUNTY STAFF

**.5**

4-H Program Coordinator

**.5**

Community Nutrition Instructor

**1**

Americorps Aide

**14**

Partnerships and coalitions

# DICKINSON COUNTY FOCUS AREAS

## Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- Pollinator Champions Online Course
- MI Ag Ideas to Grow With
- Michigan Beekeepers' Association Fall Conference
- Using degree days and phenology in the garden
- Smart Gardening Volunteer Orientation/Training
- Extension Master Gardener Office Hours
- UP Smart Gardening Volunteer Outreach Renewal Training

## Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations.

- Unveiling the Mystery: Demonstrating Michigan Sea Grant's Work with Extension and Outreach
- CITIZEN SCIENCE PROGRAM: MiCorps Cooperative Lakes Monitoring Program

## Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan.

- Understanding and Applying New Federal Outdoor Recreation Data in MI
- Regional Meetings for ARPA Local Government Funding

## Community (cont.)

- Product Center Client Consultations
- Fiscally Ready Communities
- Resiliency Planning Webinar Series
- Homebuyer Education

## Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- Healthy Life Style Choices Tai Chi for Fall Prevention
- Healthy Life Style Choices Stress Less With Mindfulness
- Chronic Pain Path Series
- Matter of Balance
- SLEEP Curriculum
- National Diabetes Prevention Program
- Senior Center Presentations: Norway, Breen, Felch, Iron Mountain

## Family and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- Book Arts Spin Club
- 4-H Minecraft Spin Club
- School Programming - Norway-Vulcan, North Elementary, North Dickinson
- 4-H Proud Equestrian Program
- U.P. State Fair Market Livestock Record Book Competition
- 2021 U.P. State Fair Livestock Skillathon

## 4-H Dickinson County

*According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.*

**11**  
Clubs

**107**  
Members

**15**  
Adult  
Volunteers

**11**  
Youth  
Volunteers

**\$13,832**  
Dollar Value of  
volunteer time